





July 2023 Independent Living Calendar

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>July cont'd 30</p> <p>9:45 † Church Service [C]</p> <p>2:00 🏆 Group Games [AR]</p>	<p>31</p> <p>10:30 ↔ HASfit Exercise [AR]</p> <p>11:00 🎵 Name that Tune [AR]</p> <p>2:00 🏆 Group Games [AR]</p>	<p>CELEBRATING July BIRTHDAYS!</p>	<p>Resident Birthdays</p> <p>Johanna C. 7/14 Nancy A. 7/15 Bettie V. 7/23 Jerry H. 7/26</p>	<p>🌱 Creative</p> <p>🌍 Environmental</p> <p>🍴 Food</p> <p>🏆 Games</p> <p>💡 Intellectual</p> <p>🎵 Music</p> <p>↔ Physical</p> <p>👥 Social</p> <p>† Spiritual</p>	<p>Sign-Up for Cooking Club by July 14th. Sign-Up sheet located in the Front Lobby.</p>	<p>11:00 💡 Self-Serve Activity Wall [AR]</p> <p>2:00 🏆 Group Games [AR]</p>
	<p>2</p> <p>9:45 † Church Service [C]</p> <p>2:00 🏆 Group Games [AR]</p>	<p>3</p> <p>10:30 ↔ HASfit Exercise [AR]</p> <p>11:00 🌱 Crafts [AR]</p> <p>2:00 🏆 Group Games [AR]</p> <p>3:00 🎵 Walker & Adams Music Concert [DR]</p>	<p>Independence Day 4</p> <p>10:30 💡 Fourth of July Crossword Puzzle-Self Serve [AR]</p> <p>1:30 💡 Bingo [AR]</p> <p>2:00 🏆 Group Games [AR]</p>	<p>5</p> <p>10:30 ↔ HASfit Exercise [AR]</p> <p>2:00 🏆 Group Games [AR]</p> <p>3:00 🏆 Corn Hole [AR]</p>	<p>6</p> <p>9:30 🌍 Wheels to Walmart</p> <p>1:30 💡 Bingo with Oak Street [AR]</p> <p>2:00 🏆 Group Games [AR]</p> <p>2:30 † Bible Study [C]</p>	<p>7</p> <p>10:30 ↔ Chair Yoga with Brenda [AR]</p> <p>1:00 🌱 Nails with Shae by APPT [L]</p> <p>2:00 🏆 Group Games [AR]</p> <p>3:00 🍷 Happy Hour [DR]</p>	<p>8</p> <p>11:00 💡 Self-Serve Activity Wall [AR]</p> <p>2:00 🏆 Group Games [AR]</p>
	<p>9</p> <p>9:45 † Church Service [C]</p> <p>2:00 🏆 Group Games [AR]</p>	<p>10</p> <p>10:30 ↔ HASfit Exercise [AR]</p> <p>11:00 ↔ Volleyball [AR]</p> <p>2:00 🏆 Group Games [AR]</p>	<p>11</p> <p>10:30 ↔ Chair Yoga with Brenda [AR]</p> <p>1:30 💡 Bingo with Molly [AR]</p> <p>2:00 🏆 Group Games [AR]</p> <p>3:00 🏆 Axe Throwing! [AR]</p>	<p>12</p> <p>10:30 ↔ HASfit Exercise [AR]</p> <p>2:00 🏆 Group Games [AR]</p> <p>3:00 🏆 Lizard Tongue Challenge [AR]</p>	<p>13</p> <p>9:30 🌍 Wheels to Walmart</p> <p>1:30 💡 Bingo with Oak Street [AR]</p> <p>2:00 🏆 Group Games [AR]</p> <p>2:30 † Bible Study [C]</p>	<p>14</p> <p>10:30 ↔ Chair Yoga with Brenda [AR]</p> <p>1:00 🌱 Nails with Shae by APPT [L]</p> <p>2:00 🏆 Group Games [AR]</p> <p>3:00 🍷 Happy Hour [DR]</p> <p>6:30 🍷 Movie Night [AR]</p>	<p>15</p> <p>11:00 💡 Self-Serve Activity Wall [AR]</p> <p>2:00 🏆 Group Games [AR]</p>
	<p>16</p> <p>9:45 † Church Service [C]</p> <p>2:00 🏆 Group Games [AR]</p>	<p>17</p> <p>10:30 ↔ HASfit Exercise [AR]</p> <p>11:00 🍴 Cooking Club-Thai salad rolls</p> <p>2:00 🏆 Group Games [AR]</p>	<p>18</p> <p>10:30 ↔ Chair Yoga with Brenda [AR]</p> <p>1:30 💡 Bingo with Molly [AR]</p> <p>2:00 🏆 Group Games [AR]</p> <p>3:00 🏆 Penny Pitching [AR]</p>	<p>19</p> <p>10:30 ↔ HASfit Exercise [AR]</p> <p>2:00 🏆 Group Games [AR]</p>	<p>20</p> <p>9:30 🌍 Wheels to Walmart</p> <p>1:30 💡 Bingo with Oak Street [AR]</p> <p>2:00 🏆 Group Games [AR]</p> <p>2:30 † Bible Study [C]</p>	<p>21</p> <p>10:30 ↔ Chair Yoga with Brenda [AR]</p> <p>1:00 🌱 Nails with Shae by APPT [L]</p> <p>2:00 🏆 Group Games [AR]</p> <p>3:00 🍷 Individual Pursuits-Your Choice [AR]</p>	<p>22</p> <p>11:00 💡 Self-Serve Activity Wall [AR]</p> <p>2:00 🏆 Group Games [AR]</p>
	<p>23</p> <p>9:45 † Church Service [C]</p> <p>2:00 🏆 Group Games [AR]</p>	<p>24</p> <p>10:30 ↔ HASfit Exercise [AR]</p> <p>11:00 ↔ Volleyball [AR]</p> <p>2:00 🏆 Group Games [AR]</p>	<p>25</p> <p>10:30 ↔ Chair Yoga with Brenda [AR]</p> <p>1:30 💡 Bingo with Molly [AR]</p> <p>2:00 🏆 Group Games [AR]</p> <p>3:00 🌱 Craft-Blanket Making [AR]</p>	<p>26</p> <p>10:30 ↔ HASfit Exercise [AR]</p> <p>2:00 🍷 Resident Council Meeting [DR]</p>	<p>27</p> <p>9:30 🌍 Wheels to Walmart</p> <p>1:30 💡 Bingo with Oak Street [AR]</p> <p>2:00 🏆 Group Games [AR]</p> <p>2:30 † Bible Study [C]</p>	<p>28</p> <p>10:30 ↔ Chair Yoga with Brenda [AR]</p> <p>1:00 🌱 Nails with Shae by APPT [L]</p> <p>2:00 🏆 Group Games [AR]</p> <p>3:00 🍷 Luau Party! [DR]</p> <p>6:30 🍷 Movie Night [AR]</p>	<p>29</p> <p>11:00 💡 Self-Serve Activity Wall [AR]</p> <p>2:00 🏆 Group Games [AR]</p>

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