


# July 2023

## Assisted Living Calendar

| Sunday                                                                               | Monday                                                                                                                                                                                                                    | Tuesday                                                                                                                                                                                                                                       | Wednesday                                                                                                                                                         | Thursday                                                                                                                                | Friday                                                                                                                                                                                                         | Saturday                                                                                                                                   |
|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>July cont'd</b> <b>30</b></p> <p>10:45 † Church Service</p>                    | <p><b>31</b></p> <p>11:00 ↔ Chair Dancing Exercise [AL2]</p> <p>11:30 ↔ Chair Dancing Exercise [AL1]</p> <p>1:30 🌿 Nails with Shae by APPT [AL1]</p> <p>2:00 🌿 Nails with Shae by APPT [AL2]</p> <p>3:00 🏆 Bingo [HD]</p> | <p><b>Resident Birthdays</b></p> <p>Christina F. 7/24</p> <p>Nancy R. 7/27</p>                                                                                                                                                                |  <p><b>Autumn Leaves</b></p> <p>A LIFE CARE SERVICES® COMMUNITY</p>            | <p><b>Location Keys</b></p> <p>Activity Room AR</p> <p>Assisted Living1 AL1</p> <p>Assisted Living2 AL2</p> <p>Healthcare Dining HD</p> | <p>🌿 Creative</p> <p>💜 Emotional</p> <p>🏆 Games</p> <p>💡 Intellectual</p> <p>🎵 Music</p> <p>↔ Physical</p> <p>🌸 Social</p> <p>† Spiritual</p>                                                                  | <p>10:30 💡 Reader and Reflect Self Served Activities</p> <p>2:30 💡 Jigsaw Puzzles</p> <p>3:00 🌸 Tv in the common area</p>                  |
| <p>10:45 † Church Service</p> <p>11:30 ↔ Move &amp; Groove [AL2]</p> <p><b>2</b></p> | <p><b>3</b></p> <p>11:00 ↔ Chair Dancing Exercise [AL2]</p> <p>11:30 ↔ Chair Dancing Exercise [AL1]</p> <p>1:30 🌿 Nails with Shae by APPT [AL1]</p> <p>2:00 🌿 Nails with Shae by APPT [AL2]</p> <p>3:00 🏆 Bingo [HD]</p>  | <p><b>Independence Day</b> <b>4</b></p> <p>11:00 ↔ July Coloring Sheets [AL2]</p> <p>11:30 ↔ July Coloring Sheets [AL1]</p> <p>1:30 💡 Daily Chronicle-Self Reading [AL2]</p> <p>2:30 🌿 Daily Chronicle-Self Reading [AL1]</p>                 | <p>11:30 Individual Pursuits [AR]</p> <p>2:00 💡 Brain Games [AL1]</p> <p>3:00 🏆 Bingo [HD]</p> <p><b>5</b></p>                                                    | <p>10:30 🌿 Self-Serve Activity Wall</p> <p>1:30 🎵 Music &amp; Relaxation</p> <p>2:00 💡 Brain Teasers</p> <p><b>6</b></p>                | <p>11:00 ↔ Chair Dancing Exercise [AL2]</p> <p>1:30 💡 Film Friday! [AL1]</p> <p>1:30 🌸 Film Friday! [AL2]</p> <p>2:00 💡 Puzzles and Pondering</p> <p>2:30 memorial service</p> <p><b>7</b></p>                 | <p>10:30 💡 Reader and Reflect Self Served Activities</p> <p>2:30 💡 Jigsaw Puzzles</p> <p>3:00 🌸 Tv in the common area</p> <p><b>8</b></p>  |
| <p>10:45 † Church Service</p> <p><b>9</b></p>                                        | <p><b>10</b></p> <p>11:00 ↔ Chair Dancing Exercise [AL2]</p> <p>11:30 ↔ Chair Dancing Exercise [AL1]</p> <p>1:30 🌿 Nails with Shae by APPT [AL1]</p> <p>2:00 🌿 Nails with Shae by APPT [AL2]</p> <p>3:00 🏆 Bingo [HD]</p> | <p>10:00 💜 Pet Therapy with Sheila the Dog [AL1]</p> <p>11:00 ↔ Chair Dancing Exercise [AL2]</p> <p>1:30 💡 Daily Chronicle-Self Reading [AL2]</p> <p>3:00 🌸 Happy Hour [AL1]</p> <p><b>11</b></p>                                             | <p>11:00 Individual Pursuits</p> <p>2:00 💡 Brain Games [AL1]</p> <p>3:00 🏆 Bingo [HD]</p> <p><b>12</b></p>                                                        | <p>10:30 🌿 Self-Serve Activity Wall</p> <p>2:00 💡 Brain Teasers</p> <p><b>13</b></p>                                                    | <p>11:00 ↔ Chair Dancing Exercise [AL2]</p> <p>1:30 💡 Film Friday! [AL1]</p> <p>1:30 🌸 Film Friday! [AL2]</p> <p>2:00 💡 Puzzles and Pondering</p> <p><b>14</b></p>                                             | <p>10:30 💡 Reader and Reflect Self Served Activities</p> <p>2:30 💡 Jigsaw Puzzles</p> <p>3:00 🌸 Tv in the common area</p> <p><b>15</b></p> |
| <p>10:45 † Church Service</p> <p><b>16</b></p>                                       | <p><b>17</b></p> <p>11:00 ↔ Chair Dancing Exercise [AL2]</p> <p>11:30 ↔ Chair Dancing Exercise [AL1]</p> <p>1:30 🌿 Nails with Shae by APPT [AL1]</p> <p>2:00 🌿 Nails with Shae by APPT [AL2]</p> <p>3:00 🏆 Bingo [HD]</p> | <p>11:00 ↔ Chair Dancing Exercise [AL2]</p> <p>11:30 ↔ Chair Dancing Exercise [AL1]</p> <p>1:30 💡 Daily Chronicle-Self Reading [AL2]</p> <p>3:00 🌸 Happy Hour [AL1]</p> <p><b>18</b></p>                                                      | <p>11:00 ↔ Chair Dancing Exercise [AL2]</p> <p>11:30 ↔ Chair Dancing Exercise [AL1]</p> <p>2:00 💡 Brain Games [AL1]</p> <p>3:00 🏆 Bingo [HD]</p> <p><b>19</b></p> | <p>10:30 🌿 Self-Serve Activity Wall</p> <p>1:30 🎵 Music &amp; Relaxation</p> <p>2:00 💡 Brain Teasers</p> <p><b>20</b></p>               | <p>11:00 ↔ Chair Dancing Exercise [AL2]</p> <p>11:30 ↔ Chair Dancing Exercise [AL1]</p> <p>1:30 💡 Film Friday! [AL1]</p> <p>1:30 🌸 Film Friday! [AL2]</p> <p>2:30 🌸 Luau Party!</p> <p><b>21</b></p>           | <p>10:30 💡 Reader and Reflect Self Served Activities</p> <p>2:30 💡 Jigsaw Puzzles</p> <p>3:00 🌸 Tv in the common area</p> <p><b>22</b></p> |
| <p>10:45 † Church Service</p> <p><b>23</b></p>                                       | <p><b>24</b></p> <p>11:00 ↔ Chair Dancing Exercise [AL2]</p> <p>11:30 ↔ Chair Dancing Exercise [AL1]</p> <p>1:30 🌿 Nails with Shae by APPT [AL1]</p> <p>2:00 🌿 Nails with Shae by APPT [AL2]</p> <p>3:00 🏆 Bingo [HD]</p> | <p>10:00 💜 Pet Therapy with Sheila the Dog [AL1]</p> <p>11:00 ↔ Chair Dancing Exercise [AL2]</p> <p>11:30 ↔ Chair Dancing Exercise [AL1]</p> <p>1:30 💡 Daily Chronicle-Self Reading [AL2]</p> <p>3:00 🌸 Happy Hour [AL1]</p> <p><b>25</b></p> | <p>11:00 ↔ Chair Dancing Exercise [AL2]</p> <p>11:30 ↔ Chair Dancing Exercise [AL1]</p> <p>3:00 🏆 Bingo [HD]</p> <p><b>26</b></p>                                 | <p>10:30 🌿 Self-Serve Activity Wall</p> <p>2:00 💡 Crossword Puzzles</p> <p><b>27</b></p>                                                | <p>11:00 ↔ Chair Dancing Exercise [AL2]</p> <p>11:30 ↔ Chair Dancing Exercise [AL1]</p> <p>1:30 💡 Film Friday! [AL1]</p> <p>1:30 🌸 Film Friday! [AL2]</p> <p>2:00 💡 Puzzles and Pondering</p> <p><b>28</b></p> | <p>10:30 💡 Reader and Reflect Self Served Activities</p> <p>2:30 💡 Jigsaw Puzzles</p> <p>3:00 🌸 Tv in the common area</p> <p><b>29</b></p> |

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